

Claflin Books and Copies
1814 Claflin Rd.
www.claflinbooks.com



(785) 776-3771
Fax: (785) 776-1009

ACROSS
1 Dog's ID
4 Atlas component
7 Tooth-paste container
8 Mosaicist
10 Young hooter
11 Pre-amble, briefly
13 Family tree member
16 "CSI" find
17 Cardiff's country
18 Writer Levin
19 Senate employee
20 Retain
21 Strong wagons
23 Dens
25 Night light?
26 Bankruptcy cause
27 Lennon's lady

DOWN
2 Alpha's opposite
3 Eggs
31 Couch potato's handful
36 Night-club
37 South-erner's speech trait
38 "In Memoriam," e.g.
39 On the — (at variance)
40 Raw rock
41 Born
DOWN
1 Okla-homa city

Solution time: 21 mins.

S	T	A	N		M	A	Y		M	O	S	S
T	Y	R	O		E	G	O		O	R	C	A
A	K	I	N		D	O	U	G	H	B	O	Y
R	E	D	F	L	A	G			M	A	S	T
				A	I	L		Y	A	W		
E	L	A	T	E		J	A	C	K	A	S	S
T	E	D			J	A	M		N	E	O	
C	A	S	H	C	O	W		N	A	T	A	L
			E	O	N		W	O	N			
O	U	N	C	E		V	A	R	N	I	S	H
B	R	E	A	D		B	O	X		A	R	E
O	A	S	T		A	L	E		L	O	T	S
E	L	S	E		M	E	N		S	N	A	P

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28

29

30

31

32

33

34

35

36

37

38

39

40

41

3-10

CRYPTOQUIP

Z I R V R G I R R V R - Z W O O R T
O W Z J Z W R V I J L R V Z J U Z R T
S W D B S V W E U . A J X Y R Z I R X ' L R
Y R G W A R U W Z Z R B J E S U I Z D B .
Yesterday's Cryptoquip: AT THE HOGS' TAVERN,
I ASSUMED THE ONE SERVING THE BEVERAGES
MUST HAVE BEEN THE BOATENDER.
Today's Cryptoquip Clue: L equals V

Clear-Cut Guidelines | By Ginger Pugh



DAILY BLOTTER ARREST REPORTS

MONDAY

Justin Kyle Lake, 2528 Brockman St., was arrested at 9:35 a.m. for worthless check and two counts of failure to appear. Bond was set at \$5,500.

Nathan Glenn Johnson, Fort Riley, was arrested at 11:57 a.m. for two counts of failure to appear. Bond was set at \$1,000.

Kevin Edward Brady, 1420 Flint Hills, was arrested at 2:30 p.m. for driving with a canceled or suspended license. Bond was set at \$750.

Ben Sanders Jr., 67 Emery Place, was arrested at 2:35 p.m. for failure to appear. Bond was set at \$234.

Jader Antonio Rocha, 1817 Hunting Ave., was arrested at 3:24 p.m. for probation violation. Bond was set at \$500.

William Franklin Bivens III, Junction City, was arrested at 3:45 p.m. for probation violation. Bond was set at \$2,000.

Jake Allen Lindsey, 716 Humboldt St., was arrested at 10:30 p.m. for non-driver ID card. Bond was set at \$750.

Amber Louise Desario, 906 Pot-tawatomie Ave., was arrested at 11:20 p.m. for battery and battery against a law enforcement officer. Bond was set at \$1,000.

TUESDAY

Jillian Dawn Rivera, 704 Dondee Drive, was arrested at 3:30 a.m. for battery. Bond was set at \$500.



To view the daily arrest report from the Riley County Police Department, go to the Collegian's Web site, www.kstatecollegian.com.

THE PLANNER CAMPUS BULLETIN BOARD

The Department of Mathematics will host Trevor Wooley, University of Bristol, United Kingdom, at 2:30 p.m. Thursday to present the 21st Isidore and Hilda Dressler Lecture in Cardwell Hall, Room 10. Wooley's presentation will be "Counting Integral Solutions of Diagonal Equations."

The American Cancer Society and KSU Relay for Life Committee are holding a Team Captain Meeting on Thursday in Room 212 of the Student Union at 7:30 p.m. If you are a Team Captain or just another interested individual who would like to get a better understanding of this "party for a cause," feel free to stop by and learn how you can help fight cancer.

Career and Employment Services will present the Common Good Career Fair today in the Union Ballroom, 11 a.m. - 3 p.m. For more information go to k-state.edu/ces.

Rec Services is offering free Jump Rope Fitness classes on Mondays from 3:30-4:30 p.m. and Thursdays from 6-7 p.m. in the west multi-purpose room at the Rec Complex. Classes are limited to 25 people due to jumping space, so sign up for a spot at the front service desk at the Rec.

Entries for intramural softball and individual/doubles sports are being accepted in the office at the Rec Complex through Thursday. For entry forms and more information go to recservices.ksu.edu or call 785-532-6980.

Rec Services' personal trainers and nutrition consultants are offering Kat Kravings, a five-week program involving both nutrition and fitness. The cost for students is \$50 and \$75 for Rec members. This program is limited to 40 participants and begins March 21. For more information, call the office at 785-532-6980.

Career and Employment Services is sponsoring Walk-in Wednesdays from noon to 4 p.m. every Wednesday in Holtz Hall. Contact k-state.edu/ces for more information.

March is National Nutrition Month. Purchase a nutritional analysis at the Rec Complex during the month of March for half price. Student price is \$7.50, and the fee is \$10 for Rec members. Sign up in the administrative office at the Rec Complex. Call 785-532-6980 for more information.

Nominations are being accepted for the Anderson Senior Awards, the Multicultural Leadership and Service Awards and the Graduate Student Awards. Anyone is free to nominate deserving students who will be graduating in May, August or December 2010. Forms are available at k-state.com/awards and are due by 5 p.m. Friday.

The Student Homecoming Committee is now seeking applicants. Pick up an application at the Alumni Center or complete one online at k-state.com/homecoming. Applications

are due at 5 p.m. Friday.

Information Technology Assistance Center will be presenting the following orientations. The events are open to all K-State faculty, staff and students. Registration required. -IT Orientation: Emerging Technologies will be held from 10-11 a.m. Wednesday in Hale Library room 401B.

The TechBytes series is offering the following sessions. The series is open to all K-State faculty, staff and students. Registration is not required. All sessions are from 1:30-2:30 p.m. -Thursday - Zimbra Calendar -March 25 - Google Wave

Information Technology Teaching and Learning will offer the following sessions: March 25 - A Sense of Where We Are: Geographic Information Science and Systems April 22 - Show ME, Don't Tell ME. All events are from 11 a.m.-12:30 p.m. in Union 212. Events are open to all faculty, staff and students.

The Planner is the Collegian's bulletin board service. To place an item in the Planner, stop by Kedzie 116 and fill out a form or e-mail news editor Bethaney Wallace at news@pub.ksu.edu by 11 a.m. two days before it is to run. Some items might not appear be cause of space constraints, but are guaranteed to appear on the day of the activity. Confirmation will not be provided.

CORRECTIONS AND CLARIFICATIONS

There was an error in yesterday's Collegian. Brian Spooner is the interim dean of the College of Arts and Sciences. Bruce Shubert is the Vice President for Administration and Finance. The Collegian regrets the error. If you see something that should be corrected or clarified, call news editor Bethaney Wallace at 785-532-6556 or e-mail news@pub.ksu.edu.

kansas state collegian

The Collegian, a student newspaper at Kansas State University, is published by Student Publications Inc. It is published weekdays during the school year and on Wednesdays during the summer. Periodical postage is paid at Manhattan, KS. POSTMASTER: Send address changes to Kedzie 103, Manhattan, KS 66506-7167. First copy free, additional copies 25 cents. [USPS 291 020] © Kansas State Collegian, 2010

**Little Caesars®**

HOT-N-READY PIZZA



LARGE PEPPERONI PIZZA

\$5.00

AVAILABLE EVERY DAY

**1150 WESTLOOP CENTER
MANHATTAN**

**Porter's BAR**

**706 N MANHATTAN
AVE 537-7151**

25¢ WINGS
(4PM-9PM)

**\$2.00 DOMESTIC
BIG BEERS/WELLS/
BOTTLES/SHOTS**

OPEN AT 4 PM

87%
Of the Campus Community
Reads The Collegian
Call 785-532-6560 To Advertise!

**The Salty Rim**

SALSA & MARGARITA BAR

1204 Moro • 537-8910

**\$2 U CALL IT
BOTTLES, CALLS,
PREMIUMS, SHOTS,
DRAWS**

**\$3 ENERGY
BOMBS**

NOW HIRING



**Bake Sale
Every Wednesday**

***Variety of cookies & breads**

Shellenberger bottom floor 3-5 p.m.

**For questions or orders call:
785-532-1783
e-mail: bakeclub@ksu.edu**

blde
big lakes developmental center. inc.
Serving Riley, Geary, Clay and Pottawatomie counties in Kansas

Big Lakes Development Center, Inc., provides services and supports for people with developmental disabilities in work, social, and leisure activities.


No Experience? No Problem - We Will Train You

Rewarding work with advancement possibilities. Minimum requirements include high school diploma or equivalent, 3 years driving experience, valid driver's license, good driving record, and drug screening.

Big Lakes Development Center. Inc.
1416 Hayes Drive
Manhattan, KS 66502
(785) 776-9201

www.biglakes.org
Mon-Fri: 8-4:30
EOE/AA


Play Better In The Corporate Sandbox.



Graduate Education At SMU's Center For Dispute Resolution And Conflict Management In Plano

Helping others get along can help you get ahead in your career. Improve your marketability while learning from international experts at the first university in the Southwest to offer a Master of Arts Degree in Dispute Resolution. Topics include negotiation, mediation, team-building, and organizational conflict. Certificates in Dispute Resolution and Executive Coaching are also available. We offer evening and weekend classes too, so even your schedule won't conflict.

214.768.9032 or www.smu.edu/resolution

**SMU** ANNETTE CALDWELL SIMMONS
SCHOOL OF EDUCATION
& HUMAN DEVELOPMENT

Southern Methodist University will not discriminate in any employment practice, education program, or educational activity on the basis of race, color, religion, national origin, sex, age, disability or veteran status. SMU's commitment to equal opportunity includes nondiscrimination on the basis of sexual orientation.

AWKWARD GRAD

Delaying:
not the
best idea



I'm in the hospital. I'm 25 years old and this is my ... 12th visit, if you can call it a visit, in just over a year. The routine is simple now, understood by all. I come in late, get a wrist-band that will inevitably pull my arm hair out, come up to the second floor and cut through the ICU to the Express Unit. I've done this so many times the questions go unnoticed. Medication? Sure. Fever? Nah. Eaten today? Nope. It's Thursday this time and something's wrong.

Palmer is here with me. We've seen each other a few times. He doesn't have an immune system. He died once; 11:01. He was staring at the clock when it happened. I believe he's 65 years old, but that's not right.

"You in here for the arthritis?" he asked again. He asks me every time.

"Crohn's," I tell him, "but it's the same medicine."

"That's right," he says, "I think I've asked you that before." I think so, too.

I come in every two months. Eight weeks. I was a week late this time. Nine weeks. Work and school got in the way. How 'bout that? That last week was awful. I never thought it would matter one way or the other. It does. It definitely does.

I told you once, something's wrong. Now I've told you twice. I've been here for just under two hours. The drip rate of the IV always starts slowly. After a short while then they speed it up, and then again and again twice more. Often I'm out of here in three hours. But something's wrong.

Another man is here for the first time. An older gentleman straight out of Manhattan. Born and raised.

"If I told you all the jobs I've held, you'd think I'd have to be 99 or 102." His wife and granddaughter are here. I recognize the granddaughter but I cannot figure out how. She works at K-State in Admissions, but I haven't been there in so long.

"Tell him what a beautiful day is," his wife told him, referring to me. I don't know his name. "A beautiful day is when the birds are singing, the sun is shining, the breeze is blowing and the lawn mower's broke."

After a short laugh, he asked Palmer what he did.

"What did I do?" Palmer asked with a smile. "Pat my wife on the biscuits each morning as she headed to work."

Something's wrong, though. It's been three hours now and the bag's still a slow go.

Palmer just went for a walk. If he were younger and less volatile I would use him as my lead character for my hospital story. As it is I won't. It's me after all, but Palmer's such a better name. Of course he would actually be in the story as himself, and Palmer fits an old bed-ridden roommate better than a young spry, mischievous sucker wandering around the halls of the hospital.

I see the nurses whispering to each other and glancing at me. They don't know I see them. I wonder what's wrong with me.

Adam Reichenberger is a graduate student in economics. Please send comments to edge@spub.ksu.edu.

K-State Traditions

University staples come from historical customs, twists of fate

Editor's Note: This is the third installment of a three part series about K-State traditions

Melissa M. Taylor | COLLEGIAN

From the days of the Class Spade, freshman caps and live mascots to war times interrupting homecoming and campus atmosphere, today's traditions are a manifestation of the traditions of the past.

"We have a new freshman class every year and they have a lot to do with it," said Pat Patton, university archivist. "If older traditions peak any interest, they bring it back bigger and better."

Today's traditions revolve not only around athletics and academics, but around a custom based on connections.

"Our tradition is really bound on community," said Brooke Lindell, sophomore in secondary education. "It goes farther than just supporting a sports team, but supporting the university as a whole. Something I sense on our campus is that being involved is something important and the university is something you carry with you the rest of your life."

From the past to the present, the traditions listed below reflect what shapes today's atmosphere.



ROYAL PURPLE

In 1896, the color purple was chosen to represent Kansas State Agricultural College and it remains the only official color of K-State today. The color was originally chosen for its beauty and the fact that it could not be found in use at any other university. Patton said the faculty approved royal purple as the official college color May 28, 1921.

WABASH CANNONBALL

In the fall of 1969, Nichols Hall was set ablaze and the only sheet music to survive the fire, rumored to be in the band director's briefcase not the building, was the "Wabash Cannonball". The band faced an upcoming football game and played the only music they had often. The Wabash Cannonball originally had no link to K-State and today has become a second fight song.

"I like all the rituals we do that make us unique," Lindell said. "I really do love the Wabash Cannonball because it is extremely unique to our university and I'm not aware of any other school that has anything like it. I like the historical background too of how Nichols Hall burned down and it was the only piece of sheet music left."

K-STATE WILDCATS

K-State Wildcats began as Aggies, but in 1915, head football coach John "Chief" Bender nicknamed his squad the "Wildcats" and the name stuck.



AGGIEVILLE

The lively bar district K-State students know today began as a ladies' shop, a hardware store and a wooden sidewalk in the early 1900s. A local cookie salesman in the early 1900s derived the name Aggieville when he sent a letter to one of the shops in Aggieville, Kan., deriving the name from the Kansas State Agricultural College Aggies.

There were dances held on the weekends and movies featured at the cinema. The first taverns appeared in the early 1940s, but when the depression hit Manhattan, Aggieville became a quiet place. During war times, wooden barracks were set up in and around Aggieville. In the 1950s, Aggieville was used as the student scene. Students rallied, celebrated and enjoyed the entertainment the district had to offer.



WILLIE THE WILDCAT

The first Willie was not an athletic build, decked out in today's purple and white football uniform. In 1947, Willie shared the field with Touchdown VII during the game against Oklahoma A&M Adrea Simmons Andersen started the tradition of Willie dressed in a red-brown wildcat costume with black stripes and a tail, then named Sparky.

In his Jan. 10, 1964 Collegian article, reporter Loren Pauls was the first to use the term Willie the Wildcat:

"The crowd's fresh burst of enthusiasm signaled the birth of a new mascot, who may be called for lack of a better name Willie Wildcat."

Since 1947, Willie has remained a tradition at K-State. For more than 50 years, the custom of keeping his identity secret remains.

SCHOOL SONGS

In 1888 there was a campus-wide writing contest to write the school song. Humphrey W. Jones class of 1888 is responsible for today's Alma Mater. Though a few words have changed over the years, like changing KSAC to KSU, the song remains.

While the Alma Mater continued, the second well-known school song was "Wildcat Victory," written in 1927 by Harry E. Erickson class of 1927.

Left: The historic fire on Dec. 13, 1963, that left only the stone exterior of Nichols Hall, brought K-State the tradition of the Wabash Cannonball. Middle: Aggieville earned its name in he early 1900s, derived from the Wildcats' original name, the Aggies. Right: The original mascot "Sparky" later changed to 'Willie the Wildcat.' From the beginning the mascot remained anonymous.

STUDENT PUBLICATIONS FILE PHOTOS

Q: What is your favorite K-State tradition?



“ Wabash. ”

Manroj Sangha
Junior, Architectural Engineering



“ Wabash. ”

Richard Kim
Junior, Architectural Engineering



“ Football and basketball. ”

Ericka West
Freshman, Economics



“ K-State Proud. ”

Hannah Chavers
Sophomore, Life Sciences

Balanced workout plan key to overall fitness



The big day has come; you've finally decided to give exercising regularly a real effort. You've made time in your busy day, pulled on your sneakers and made it to the rec. So ... what comes next? If you're not sure how to start, you're not alone.

Many people find choosing what to include in their fitness regimen can seem like a bigger task than the exercise itself.

A balance between the three major components of an exercise program is important for every exerciser, from marathon runners and athletes to someone who is just getting started. These major

components are cardiovascular, strength and flexibility training. All of these come in a variety of activities to suit any preference.

Cardiovascular training is probably the most diverse category of the three. The American College of Sports Medicine defines it as exercise that uses "large muscle groups in activities that are rhythmic or dynamic in nature over a prolonged period."

What this means for the exerciser is there are many enjoyable ways to get the recommended 30-60 minutes, three to five days a week in. Anything that gets your heart rate up and you moving can count. Try out a group fitness class such as step aerobics or cycling, jogging or swimming to see what suits you. Even the walk across campus with your backpack counts toward those 30 minutes a day.

Strength training is also important. While this aspect of fitness seems to be loved by men and

shunned by women, it has major benefits that shouldn't be ignored by anyone. Strength training keeps your muscles toned and can help in reducing the amount of body fat one has. Strength training also helps to keep bones strong, preventing the risk of injury now or osteoporosis later in life.

Starting a strength training program can seem overwhelming, but starting simple is key to sticking with it. If someone has no experience, they can start by trying machine weights that guide the user through the motion. Following the American College of Sports Medicine's recommendations, choose eight to 10 machines that work major muscle groups (chest, legs, back, etc.) and do eight to 12 reps on each of these machines twice a week. This is a good starting point and can be expanded once you are comfortable doing so.

Flexibility is probably the most overlooked facet of fitness by men and women alike. Stretching re-

duces the risk of muscle soreness and injury along with helping to improve posture and acting as a form of stress relief for some. Stretching three times a week for at least 30 minutes is ideal, but even five to 10 minutes of post-workout stretching after every workout is better than nothing.

Make sure you've warmed up for at least five minutes before stretching and be sure not to "bounce" to stretch farther. Taking it easy is important; static stretching should be slightly uncomfortable if pushing yourself but never painful.

Cardiovascular, strength and flexibility training are all equally important to any exercise program. Now that you know what to do, why it's important and how to start, the question to ask yourself is when would you like to begin?

Melissa Wood is a senior in kinesiology. Send comments to edge@spub.ksu.edu.

2010-11 K-State Student Union Governing Board

General Scholarship
for a Part-Time Student.

\$1,000 Scholarship!
(*\$500 per semester to a part-time student*)
Submission Deadline is March 12, 2010
Applications can be picked up in the Director's Office on the 2nd floor of the K-State Student Union. Applications must be completed and returned to the Director's Office by 5:00 p.m. March 12, 2010.


union.k-state.edu

Congress needs to deliver health care legislation



David Rose

After more than a year of debate and negotiations, we still have yet to see real health care reform. The time has come to make the final push and get this much needed legislation passed through Congress.

Not only do insurance rates continue to skyrocket, but the continued debate on health care prevents Congress from focusing on other issues, especially those dealing with the economy. Congress needs to move now to end the debate and finally pass the legislation they have been working on for so long. The only obstacle left now, as always, is politics.

Democrats think, rightly, that they can no longer push through the health care bill in the Senate, which would certainly require 60 votes to overcome a Republican filibuster. They also think, quite wrongly, that they cannot or should not use a Senate rule called reconciliation to amend the bill they already passed. All the Democrats want to do now is amend the bill to save money, make it more effective and fix any differences with the House bill. This is exactly what the reconciliation process was created to do.

I think most people are unaware the Senate already passed health care reform back in December because of the way the media and the Republicans have portrayed the recent political feud. As of now, health care reform bills have in fact passed in both the House and the Senate. But to become law, both versions must be the same. In order to make these fixes, as well as others that would save money, the Senate should use reconciliation.

The Republicans, however, will have none of it. Instead, the Republican leadership and their lobbyist backers are now calling on Democrats to start over on health care reform. But Republicans don't want to start over. They want to kill the legislation, and they know full well that starting over would do just that. Destroying the progress made on the reform could score Republicans major political points going in to the elections this November.

In the meantime, insurance companies are doing just fine. They continue to raise rates, in the process kicking more and more Americans to the curb while managing to rake in still more money. That is why it is important that Congress moves now to make the much needed changes to the health care industry.

Enacting the legislation that has already passed both the House and the Senate would change many of the broken parts of health insurance, including the following: it would ban insurers from denying coverage based on pre-existing conditions, it would give tax credits to families and small businesses for health care and it would create a mandate that all Americans get coverage. All of these are important to keeping down costs and increasing the number of people insured.

Back in November 2008, America elected a majority of Democrats to Congress and the White House partly on the promise that they would deliver health care reform. It would be outrageous to deny them that promise. The votes have already been counted, and all the work left to be done is in reconciling the House and Senate bills to finish a reform that is too long in coming.

David Rose is a freshmen in political science. Send comments to opinion@spub.ksu.edu

Keeping It Balanced



Illustration by Hannah Loftus

Healthy bodies have healthy pH levels



Myles Ikenberry

In the vast amount of health and diet information on the market, the importance of pH balance is often under-emphasized. While the public is informed about the role vitamins and minerals play in the healthy functioning of a human body, there is generally much less discussion about what foods are the most alkaline or the most acidic.

According to a growing number of doctors, nutritionists and medical researchers such as Dr. Susan E. Brown, Michelle Schoffro Cook and Robert O. Young, a diet containing less acidic foods and more alkaline foods is an important aspect of maintaining a healthy body, and can help heal and prevent an astonishing number of ailments and diseases ranging from low energy and acne to diabetes and osteoporosis. A diet emphasizing pH balance will closely resemble the traditionally recommended diets (such as being high in fruits and vegetables), but understanding the chemistry behind the recommendations can allow a person to make small changes to their food choices for a significant effect on overall bodily health.

A healthy human body has blood with a pH of 7.35-7.45; deviations beyond this range are usually a sign of serious disease. The body must maintain its balanced pH just as it must maintain the correct temperature, and there are many mechanisms through which pH regulation

takes place. These include using electrolyte buffers of sodium, calcium and potassium to bind acids that become subsequently removed in urine, using protein buffers within cells, using (alkaline) bicarbonate ions from the pancreas, using (and depleting) stored magnesium and calcium from bones and teeth, and using other methods of filtering and eliminating acids through respiration, the urinary tract and the skin.

When the body's acid neutralization systems have been overloaded by a diet too high in acidic foods and low in alkaline foods, its ability to eliminate the acids is weakened, and it must store them by relocating them within the body's connective tissue cells and extra-cellular fluids. Thus a person's internal chemical environment can become polluted by what we eat and drink similar to how our external environment can become polluted because of what we put into rivers. This has very serious consequences because biological functions including athletic performance and resistance to disease depend on a delicately balanced pH.

For example, a placebo-controlled, double-blind study conducted by Dan Heil, Ph.D., of Montana State University, noted that an alkalized human body had reduced blood lactate levels, increased upper body power output, and reduced cardio respiratory stress with a lower heart rate, respiratory rate and energy expenditure.

Various nutritionists such as Christopher Vasey, Felicia Drury and Susan E. Brown have written books about how various foods affect the body's pH after consumption and provide detailed instructions on how to eat an alkaline diet.

While anyone serious about eating healthy would do well to be-

come familiar with this information and discuss their plans with a nutrition expert or their doctor, there are some general rules that the average college student can follow without too much inconvenience.

The easiest step is to drink less pop; carbonated drinks are acidifying to the body, in addition to being loaded with sugar and empty calories. Substituting diet soda is not a particularly healthy alternative, because the drink is still acidic, and many nutritionists and doctors consider aspartame to be unhealthy for many reasons. Instead, substitute fruit juice for pop when you want something sweet and drink more water. Drinking water further assists the body in eliminating toxins and undesirable chemicals.

Another easy change is to base minor dietary choices on the trend of foods that are green to be more alkaline. The darker green, the more the food will alkalize the body, so consider opting for broccoli instead of corn at the buffet line, green peppers instead of pickled cucumbers on your sandwich, and fresh spinach instead of iceberg lettuce at the salad bar.

Iceberg lettuce has about the same dietary impact as a small glass of water; an alkalizing salad must begin with a base of some plant that is dark green.

Although everyone is busy and few of us have the time to eat as healthy as we'd like to, understanding the pH of foods and the associated effects on our bodies can help us make more beneficial food choices and be healthier.

Myles Ikenberry is a graduate student in chemical engineering. Send comments to opinion@spub.ksu.edu

People should freely embrace or ignore trends



Jillian Aramowicz

I have a certain knack for picking up useless information in my day-to-day life. I'm known amongst my friends for having an amazing abundance of random trivia on hand to bring up in conversation whenever need be. Maybe this has something to do with my background in debate, extemporaneous speaking or my years of competitive Jeopardy viewing with my parents, but really, I think a lot of my knowledge of nothing has to do with the trends created by popular culture.

You see, I'm really not a fan of following cheesy trends, although sometimes I do (and I bet you do, too), but being the hyper-observant person that I am, I always seem to notice what's in vogue at the current time. In many cases, these widely varying trends strike me as very funny.

Have you ever noticed how magazines tell you exactly what you're supposed to wear for a season months before the season even starts? I was told back in December that platform wedges were going to be a huge spring trend, which I guess means winter break would have been a great time to go out and buy ugly shoes. Who decides what is going to be fashionable for the following season and furthermore, how do they make that decision? Do all the "Cardinals of Cool" meet in a secret conclave and pour over magazines and runway shows until they narrow down a specific look that will be "in" until its death? (I'm sorry if that analogy came off as sacrilegious. I'm not actually insinuating that platform wedges and the Pope are on the same level.) But honestly, why do we have to listen to magazines and editors to tell us how we are supposed to look?

Aside from global fashion, there are also those little trends that seep into a local culture that somehow spread throughout a community like wildfire. I'm not from a particularly marketable area for fashion. I come from a drinking town with a farming problem that has two bars, three

liquor stores, a questionable local government and a feedlot to its name, so it's not like you see a large amount of Chanel walking down the streets. I do remember, however, that in my high school days, a group of girls started this trend of cutting slits right below the back pocket of their jeans. Before you knew it, everyone was doing this and let me tell you something - there are not enough derogatory terms to describe how stupid and trashy this looked. It was especially ridiculous on anyone who wore a, well, larger size of jeans, to put it lightly. Whatever possessed the high school girls to walk around with the bottom of their butt cheeks poking out of their pants is beyond me.

There are also trends in music I don't understand. If I had control over the free world, I would put Miley Cyrus, Ke\$ha, Dave Matthews, Lady Gaga, the Jonas Brothers and Justin Bieber in a confined area where they would never again be seen to the public eye. Although that's just a list of artists who annoy me that I felt like mentioning, my actual point is that music also exists in fashionable phases.

Lately, there have been a lot of synthesized sounds, electronic ad-

ditions to background music, and a rise in popularity in the country-western genre. I don't necessarily think any of these things are bad, but it's just something I've noticed. I wonder what made those particular elements popular right now and I also wonder what will be musically trendy in say, three years.

The rise and fall of societal fashions is a concept totally beyond my reasoning. Usually, I would attempt to answer the questions that I put forth in my columns, but I really don't know why certain things are popular at a given time.

Trend setting and trend following are simply interesting thoughts that cross my mind now and then and I don't know if I'll ever fully understand it. There are numerous other aspects in our culture that follow the same popularity principles, but I don't have the time or space to name them one by one. I guess the best way to explain our latest and greatest obsessions is to not explain ourselves at all and be happy with simply embracing or disgracing whatever trends may come.

Jillian Aramowicz send comments to opinion@spub.ksu.edu

Chipped Off

Wildcats finish tied for ninth in Florida

Ashley Dunkak | COLLEGIAN

The women's golf team finished tied with Elon University for ninth place with a third-round 13-over-par 301 and an overall tournament score of 56-over-par 920.

K-State's Tuesday score was the third-best out of 17 teams for the day at the Eagle Landing Invitational in Orange Park, Fla. Senior Morgan Moon tied for 11th with a third round 4-over-par 76 and a total score of 10-over-par 226.

"I think it's a fairly good start for us considering the conditions we came out of, considering we're playing against a bunch of teams that, really with the exception of two or three southeast teams, have been outside playing," coach Kristi Knight said. "We finished two shots behind the No. 33 team in the country in Tennessee Chattanooga."

Knight said she misspoke when she said earlier that the team had been able to play two 18-hole rounds.

The team talked about it on the plane and determined that on the good weather days, they only got to play nine and 15 holes before dark, and the only 18-hole round they got in was on the par-3 course.

Knight said the team has been using the indoor facility at Colbert Hills Golf Course every day.

The ladies improved their scores with each day of the tournament, something Knight observed as progress. She said they made a few more birdies but still had too many bogeys.

Knight said seniors Abbi Sunner and Moon and sophomore Ami Storey all had solid days and both Sunner and Storey made some birdies and scored 2-over par 74. Knight said freshman Hanna Roos, who scored a 3-over-par 77, was fairly solid but just did not make any putts.

The coach was also proud



Freshman **Hannah Roos** takes a shot at the Sunflower Invitational on Sept. 28, 2009. Roos scored a 3-over-par 77 at the Eagle Landing Invitational in Orange Park, Fla. on Tuesday.

of junior Elise Houtz, who scored a 4-over-par 78 in the third round.

"Elise just showed a lot of guts today," Knight said. "She got off to a really tough start, but she battled back and played her last 10 holes 2-under par. That takes a lot of guts, and I'm really proud of her for that."

Knight said she thinks the thing she likes the most is all

five ladies in the lineup finished their round very strong today and really played the last three holes well.

"I think it was a pretty good start for us," Knight said. "We just had a bad nine holes that first round. Our second nine we just kind of dug a hole. Other than that there were a lot of good things."

The coach said some of the main aspects the team

will work on in practice this week are wedge control, distance and putting.

South Florida, University of Illinois and Central Arkansas took first, second and third place in the tournament, respectively. South Florida shot a 34-over-par 898, but University of Illinois had the first-place finisher individually, sophomore Hailey Koschmann.

Lisle Alderton | COLLEGIAN

MEN'S GOLF

Team finishes 15th in Fresno State Classic

Tyler Scott | COLLEGIAN

The men's golf team got off to a rough start on the par 71-links of San Joaquin Community College at the Fresno State Classic and finished in 15th place. It was the first time this season the team has finished out of the top 10.

The Wildcats shot a three-round, 67-over-par 1,132. After a first round score of 380, the team improved in the second scoring a 373. However, the team fell back after a third round score of 379. They finished three strokes ahead of San Jose State and four strokes behind University of Nevada.

"The place finish was disappointing," said head coach Tim Norris. "For a first event out, there are a lot of things we can work on, like club selection, to get us through each round."

Seniors Joe Ida and Mitchell Gregson were the top two individual scorers for K-State. Ida finished with a 3-over-par 216, while Gregson had a 7-over-par 220. Each of them put together four birdies in the second round.

Senior Joe Kinney had his worst outing of the year scoring a 14-over-par 227 leaving him tied for 61st. Freshman Curtis Yonke tied for 80th with a 19-over-par 232, while junior Jason Schulte struggled and had seven double bogeys in the tournament to score a 27-over-par 240. Freshman Ben Juffer chipped in a 29-over-par 242, which left him tied for 98th. He had six straight bogeys to finish the third round.

Norris said the team fought hard throughout the tournament, but couldn't come together as a whole.

"I know our guys put forth a good effort but at this level of competition you need a lot more effort," Norris said. "Ida had a good tournament and Kinney had a good round where he birdied his last couple holes."

Norris said Gregson had an off tourna-



Senior **Joe Ida** chips the ball out of the sand trap during men's golf practice last fall at Colbert Hills Golf Course. Ida finished with a 3-over-par 232 at the Fresno State Classic in Fresno, Calif. on Tuesday.

Lisle Alderton | COLLEGIAN

ment but was still in the top 25 percent of the field.

BYU won the tournament on a playoff hole against No. 24 San Diego. Both teams finished with a 20-over-par 1,085, while Washington was 22-over-par for a 1,087. Third-ranked Oregon finished in fourth, scoring a 23-over-par 1,088, while host school Fresno State scored a 44-over-par 1,109 and finished in eighth. Pepperdine started off strong early in the first round but finished the tournament in ninth scoring a 29-over-par 1094.

The Cougar's Robbie Fillmore recorded

a birdie defeating UC-Irvine's John Chin to separate their 5-under-par 208 score.

Norris said the team is eager to get back into rhythm the next time out.

"Our guys are motivated to improve and now we have a good starting point for the spring season," Norris said. "I know they're looking forward to going to Arizona and stepping it up a little bit."

The team will be back in action next week to play in the Desert Shootout. It will take place at Palm Valley Golf Course in Goodyear, Ariz. on March 18-20.

Midweek Musings



Wednesday conundrums while the men's basketball team prepares for the Big 12 Tournaments in Kansas City, Mo.

- I think it's safe to say the chip is firmly back on the shoulder of the men's basketball team after the final week of the regular season. If it's not, it really should be.
- I can understand losing at Kansas on the Jayhawks' senior night, but the team that dropped the finale to Iowa State last weekend didn't look like one ranked in the top-10. Heck, it didn't look like a Frank Martin team, period.
- Call me a pessimist if you want, but if K-State plays like that in either postseason tournament, expect a very early exit. Crazy things happen in March, so the Wildcats can't afford to get caught sleeping (see KU vs. Bucknell in 2005).
- There's really no time for gradual improvement either. Barring some big upsets, it looks like K-State will play NCAA Tournament teams from here on out. Over the next few days, people are going to realize how competitive the Big 12 really is.
- That being said, I expect K-State to make a full recovery under its recently named Big 12 Coach of the Year. That announcement, as well as Martin's contract extension, couldn't have come at a better time.
- That timing is just another testament to how good John Currie is at his job. From both a media and a fan perspective, it's hard to believe K-State's athletic department was in a state of total turmoil less than a year ago.

- Sure, Currie has had some help – the return of the greatest football coach in K-State history and a top-10 basketball program cannot hurt matters – but there's no doubt that the man gets it. That's something this school has needed for a very long time.
- Martin brings something else to the table that Wildcat fans should feel blessed to have – a coach who truly cares about the school he works for. Any doubt about Martin's loyalty to K-State was completely thrown out the window at Sunday's news conference.

- If you didn't get to see it live, I strongly suggest checking out the replay. Even though I was watching it on a computer screen, I was blown away by the emotion Martin portrayed as he spoke.
- OK, enough of the sappy stuff. Back to basketball. I think it would be in the best interest of Wildcat fans to root for Oklahoma in today's first round game against Oklahoma State.
- Don't get me wrong, I'd love for K-State to get a shot at redemption against the Cowboys, but they're one of the hottest teams in the league and James Anderson is downright scary when he's having a good night (which is basically every night).
- He almost single-handedly beat the Wildcats in Manhattan and did the same thing to KU later in the season. It wouldn't break my heart if K-State didn't have to face that guy again, but I really doubt that will be the case.

- Opponents aside, the tournament's location should give the Wildcats a pretty big advantage. I've seen some of K-State's road crowds this season and I'm pretty confident the Sprint Center will be full of purple. See you there.

Justin Nutter is a senior in print journalism. Please send comments to sports@spub.ksu.edu.

CITY COMMISSION

Meeting addresses drainage project issues

Vestoria Simmons | COLLEGIAN

The Manhattan City Commission met last night to discuss two items during their regular work session.

The first item discussed was the Tecumseh-Quivera Storm Drainage Project Update.

The design team for the project asked for feedback and direction from the commission concerning the complaints from the community about the next phase of the project that would include building a sidewalk on the west side of Hartford Road from Clafin Road north to Jardine, and removing trees from the area in order to maintain the detention pond built in the area.

Some property owners along Hartford Road complain the sidewalk is not necessary and that the trees that would be removed are an important fixture in their neighborhood and should not be taken away.

Several homeowners from the Hartford area attended the meeting to voice their concerns. Wanda McVey of 1419 Hartford Road explained that she has lived in the same house on Hartford for more than 50 years and has become attached to the trees, and doesn't see a real need for their removal.

"Its like the city is creating a human tornado to take down all the trees," McVey said.

The commissioners agreed with the design team, that the next phase of the project is necessary for the most efficient storm drainage system in the city.

Secondly the commission was given an overview of trash nuisance problems in the city, followed by proposed ordinance changes that should improve the trash problem, by Brad Claussen, a building official.

The proposed ordinance changes

allow citations for insufficient trash containers or lids to be sent through regular mail instead of certified mail so that violators get the citations sooner in order to correct the problem faster. Landlords would be able to cite severe trash nuisance violators within a 24 hour time frame, and require trash collectors to provide code-compliant trash receptacles to their customers.

Commissioners agreed with proposed changes and offered input on other ways to control the city's trash problems.

"As mayor I get a ton of negative e-mails about trash," Mayor Bob Strawn said.

The ordinance changes will benefit the city's efforts to minimize trash nuisance in the community.

The next work session will be on March 23 at 5 p.m. in City Hall. Citizens are encouraged to attend or watch on Cable channel 3.

APPLY FOR THE 2010 STUDENT HOMECOMING COMMITTEE

JOIN THE TRADITION

APPLICATIONS ARE AVAILABLE AT THE K-STATE ALUMNI CENTER AND WWW.K-STATE.COM/HOMECOMING.

DEADLINE: 5 P.M., FRIDAY, MARCH 12, 2010

CALL 532-5058 FOR MORE INFORMATION.



K-STATE ALUMNI ASSOCIATION

WWW.

kstatecollegian

.COM

DLP Digital Cinema®
In all Auditoriums

Carmike Cinemas

SETH CHILDS 12

2610 FARM BUREAU RD. • 785-776-9886

ALL STADIUM SEATING

STUDENT \$7.25 WITH I.D.

Alice in Wonderland: 3D PG 12:00 1:30
4:20 5:10 7:00 7:45 9:35 10:20

Brooklyn's Finest R 1:00 4:00 7:00 10:00

Alice in Wonderland: 2D PG 1:30 4:20
7:00 9:35

Cop Out R 12:20 4:15 7:10 9:40

The Crazyes R 1:45 4:30 7:20 10:10

Shutter Island R 12:05 12:40 3:05 4:05 6:10
7:10 9:15 10:15

Valentine's Day PG-13 1:10 4:10 7:05 9:55

Percy Jackson & The Olympians PG 12:50
3:50 6:35 9:50

Dear John PG-13 1:20 3:55 6:40 9:20

Avatar 3D PG-13 12:15 3:30 6:45 10:05

ALL SHOWTIMES INCLUDE PRE-FEATURE CONTENT • www.carmike.com

DO YOU NEED TO GET AROUND TOWN?

CALL THE aTa Bus TODAY!

537-6345

GENERAL PUBLIC TRANSPORTATION
FOR THE MANHATTAN-RILEY COUNTY AREA

This Project Funded in Part by the KDOT Public Transit Program

K-STATE

HD

Wildcat Wellness Wednesday

www.k-state.edu/hd

Learn Safety Information & Get Free Stuff

March 10
11:00pm-1:00pm

Free
whistle/light keychain

Meet you at:
Bosco Plaza

Ride the Seatbelt Convincer!
"Walk the Line" with Beer Goggles!

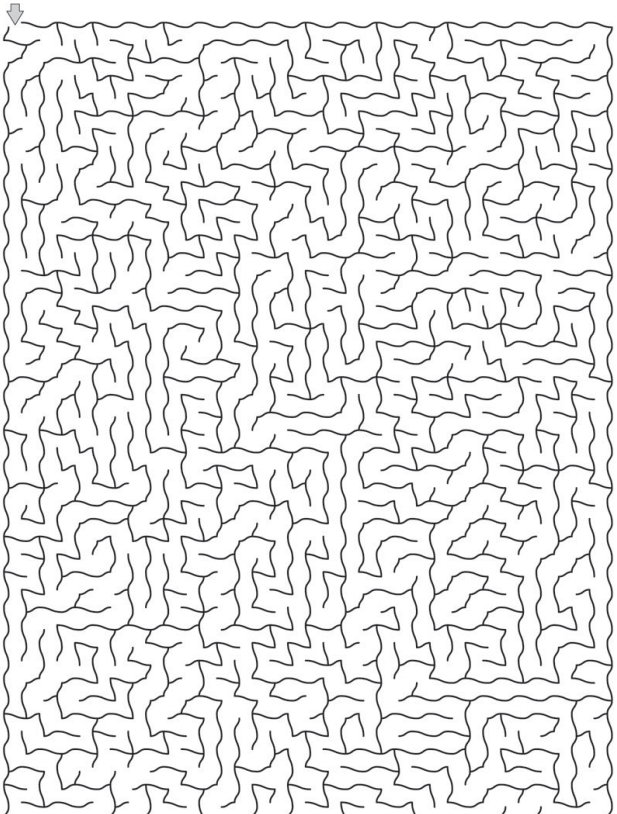
K-STATE

HD

Healthy DECISIONS

www.k-state.edu/hd

Know Where You're Going? Find Your Way.




KRAZYDAD.COM/PUZZLES

©2010 KrazyDad.com

Coffee & The Collegian

The perfect way to start your day!



Mobile Banking

Bank Your Way with CoreFirst Mobile Banking!



With CoreFirst's Mobile Banking you can connect to your accounts instantly right from your cell phone. You can receive mobile alerts notifying you of important banking updates and check your balances, anywhere, anytime. It's safe and secure so log on and sign up today at CoreFirstBank.com.

1000 Westloop Place inside Dillons

Banking Excellence for 50 years



CoreFirst Bank & Trust

Member FDIC • CoreFirstBank.com

785.565.3001

To place an advertisement call 785-532-6555

Classifieds continue on the next page

classifieds

000 Bulletin Board

010 Announcements

LEARN TO FLY! K-State Flying Club has four airplanes and lowest rates. Call 785-562-6909 or visit www.ksu.edu/ksfc.

Advertise Advertise Advertise Advertise

185-532-6555

100 Housing/Real Estate

105 Rent-Apt. Furnished

MANHATTAN CITY Ordinance 4814 assures every person equal opportunity in housing without distinction on account of race, sex, military status, disability, religion, age, color, national origin or ancestry. Violations should be reported to the Director of Human Resources at City Hall, 785-587-2440.

110 Rent-Apt. Unfurnished

MANHATTAN CITY Ordinance 4814 assures every person equal opportunity in housing without distinction on account of race, sex, military status, disability, religion, age, color, national origin or ancestry. Violations should be reported to the Director of Human Resources at City Hall, 785-587-2440.

1219 KEARNEY. One-bedroom basement, year, June lease. No pets. Water/ trash paid. \$360. 785-539-5136.

110 Rent-Apt. Unfurnished

814 THURSTON. Studio. June year lease. No pets. Water/ trash paid. \$310. 785-539-5136.

814 THURSTON. Two-bedroom. June year lease. No pets. Water/ trash paid. \$640. 785-539-5136.

FOUR-BEDROOM CLOSE to campus. All bills paid. 785-341-4496.

ONE BLOCK to campus. 1112 Bluemont. Two-bedroom and one-bedroom. 785-776-1152.

110 Rent-Apt. Unfurnished

ONE BLOCK to campus. Four-bedroom and one-bedroom, washer/ dryer. 911 Sunset. 785-776-1152. Available immediately; August.

ONE, TWO, three and four-bedroom apartments. Close to campus and Aggieville. 785-539-5800. somerset-mgmtco.com.

ONE, TWO, three, four-bedroom apartments. Big bedrooms. On-site laundry. Park and walk to campus only a block away. Emerald Property Management 785-587-9000.

110 Rent-Apt. Unfurnished

ONE-BEDROOM APARTMENT in triplex in between downtown and Aggieville. On-site laundry. Emerald Property Management. 785-587-9000.

ONE-BEDROOM APARTMENT in triplex. Close to Walgreens and HyVee. On-site laundry. Emerald Property Management. 785-587-9000.

ONE-BEDROOM APARTMENTS or one-bedroom duplexes. Walking distance to KSU. Emerald Property Management 785-587-9000.

110 Rent-Apt. Unfurnished

ONE-BEDROOM BASEMENT apartment close to Aggieville. On-site laundry. Emerald Property Management. 785-587-9000.

ONE-BEDROOM BASEMENT apartment with study room too. Only one-half block from campus. Off-street parking. Emerald Property Management. 785-587-9000.

ONE-BEDROOM, ONE bath just south of campus. Off-street parking \$375/ month. Emerald Property Management. 785-587-9000.

110 Rent-Apt. Unfurnished

THE PAVILION apartments at 1121 Thurston. Now leasing. Two-bedroom, two bath. Washer/ dryer, internet, water, trash included. Close to KSU/ Aggieville. Call Marcie, 913-269-8142.

THREE-BEDROOM APARTMENTS. Close to campus. Reasonable rent. Laundry on-site. June and August leases. \$300 off first months rent. 785-632-0468 or brianj@perfectionclaycenter.com.

110 Rent-Apt. Unfurnished

THREE-BEDROOM. AVAILABLE August. Water/ trash paid, central air, coin operated laundry facilities. Close to campus. 785-537-7810 or 785-537-2255.

THREE-BEDROOMS. JUNE lease, one block to campus, central air. Two bath, full kitchen, on-site laundry, off-street parking. Reasonable rent. 785-341-1897.

TWO, THREE, four or eight-bedroom. Now leasing June- August. No pets. Close to campus. Starting at \$300. 785-537-5154 or 785-456-5329.

To place an advertisement call
785-532-6555

Classifieds continue
from the previous page

at

classifieds

wednesday, march 10, 2010

kansas state collegian

page 7

LET'S RENT

110 Rent-Apt. Unfurnished

"AUGUST PRE-LEASING" Several units available June/ August. Most units less than ten years old, energy efficient apartments. Washer/ dryer included in most units. \$300 to \$350 per bedroom. Please call for details 785-776-2102. www.wilksapts.com.

1015 KEARNEY. TWO-BEDROOM, two bath. Newly constructed apartment complex. Energy efficient. Washer/ dryer. No pets. Available August. **785-537-7050**. ITSTIME2RENT.COM. Call Susan at 785-336-1124.

1105 RATONE, 1201 BERTRAND, 1224 POMEROY. TWO-BEDROOM apartments. Washer/ dryer, private parking. No pets. Available August. **785-537-7050**.

1832 CLAFLIN, TWO-BEDROOM APARTMENTS, across street from Marlatt Hall. **\$580**. Landlord pays trash and water. No pets. **JUNE** leases. TNT Rentals. 785-539-5508.

BEAUTIFUL FIVE TO EIGHT-BEDROOM! Very cute, very nice. Many amenities and pet friendly. Call Tony at 785-341-6000.

BRAND NEW! ONE AND TWO-BEDROOM at 1210 Bertrand. (Across from campus.) Washer/ dryer, dishwasher, microwave, private parking. No pets. **785-537-7050**.

FOUR-BEDROOM TWO bath close to KSU. **CLEAN**, no pets or smoking, appliances, washer/ dryer. Two living rooms. **\$1195/ month. 913-484-1236**.

110 Rent-Apt. Unfurnished

TWO-BEDROOM CLOSE to campus and Aggieville. 1106 Bluemont \$650/ month. Water and trash paid. August leases, no pets. 785-539-4283.

TWO-BEDROOM CLOSE to campus. Private balcony. No pets. August lease. \$650/ month. 907 Vattier. 785-341-5070.

TWO-BEDROOMS. CLOSE TO CAMPUS. Personal washer/ dryer, dishwasher, water and trash paid. \$680- \$720/ month. 785-341-4496.

TWO-BEDROOM APARTMENT. 1934 Montgomery Drive. Washer/ dryer, dishwasher, all utilities paid. No pets. Year lease begins May 31. 785-537-1566.

TWO-BEDROOM APARTMENTS just west of campus. Emerald Property Management 785-587-9000.

TWO-BEDROOM BASEMENT apartment just west of campus. On-site laundry. Emerald Property Management. 785-587-9000.

TWO-BEDROOM, ONE bath apartment across street from campus. Off-street parking and on-site laundry. Quiet six-plex. \$650. Emerald Property Management. 785-587-9000.

TWO-BEDROOM, TWO bath, 1010 Vattier. Newly constructed, off-street parking. Washer/ dryer. Will rent quickly. August lease. \$850. 785-341-0815.

NOW LEASING FOR FALL

Large 2 Bedroom Apts. Cambridge Square Sandstone Pebblebrook

Close to Campus

•2000 College Hts•
•1114 Fremont•
•519 Osage•

Open Saturday 10-3
537-9064
www.renthrc.com

110 Rent-Apt. Unfurnished

FOUR-BEDROOM, Two-bath. Two blocks west of campus. Washer/ dryer, dishwasher. No pets. August lease. **\$315 PER BEDROOM**. Call Randy at **785-336-1022**.

FOUR-BEDROOM. CLOSE TO CAMPUS, dishwasher, central air, laundry facilities. No pets. 785-539-0866.

NEW ONE, two, three-bedrooms. Near campus/ Aggieville. Granite, stainless steel, washer/ dryer, walk-in closets, pool, theatre, pet friendly. www.twinrent.com. 785-537-2096.

ONE, TWO, THREE, FOUR-BEDROOM apartments. Excellent condition. Next to campus. Washer/ dryer, central air, private parking. No pets. **785-537-7050**.

ONE-BEDROOM. 1511 FAIRCHILD. Very nice two blocks from campus. Dishwasher, laundry, no pets. **JUNE** LEASE. Call Randy at **785-336-1022**. www.itstime2rent.com

THREE AND four-bedroom. VERY CLOSE TO CAMPUS. Washer/ dryer, air, August lease. \$300 per person. 785-776-2100 or 785-556-2233.

THREE-BEDROOM. CLOSE to campus. Central air, dishwasher, laundry in complex. No pets. **785-537-1746** or **785-539-1545**.

TWO AND THREE-BEDROOM, CLOSE to campus, spacious. Dishwasher, central air, laundry facility. No pets. Call 785-539-0866.

TWO OR THREE-BEDROOM APARTMENTS. Walk to campus. Excellent condition/ location, www.rentkstate.com 785-447-0183.

1741 ANDERSON AVENUE, three-bedroom, across from Alumni Center. New kitchen and bath. Available June 1st, one year lease, \$375/ person/ month plus utilities. 785-532-7569 or 785-532-7541.

110 Rent-Apt. Unfurnished

WILDCAT PROPERTY MANAGEMENT
785-537-2332

Townhomes
8th & Bluemont
4 BR - 2.5 BA
\$1,676.00

8th & Moro
2 BR - \$855
Townhomes

Anderson Village
Apartments
16th & Anderson
1 BR - \$550
2 BR - \$750
Remodeled Units
2 BR - \$825

All Properties
offer June &
August Leases

Does your roommate

BITE?

Let's Rent

110 Rent-Apt. Unfurnished

TWO-BEDROOM BASEMENT APARTMENT. Laundry hookups. No pets. August lease. \$285 per bedroom. Call Susan at **785-336-1124**.

117 Rent-Duplexes

NICE DUPLEX, 606 Vattier, three/ four-bedroom, two bath, all major appliances, washer/ dryer, available August 1. 785-293-5197.

120 Rent-Houses

1001 KEARNEY. Four-bedroom, two bath. **OFF-STREET PARKING**, garage. New furnace and air. **785-317-7713**.

1127 THURSTON Six-bedroom house/ duplex **JUNE 1**. One block to campus. Off-street parking. **785-317-7713**.

1404 HARRY, 1503 CAMPUS. June lease, three-bedroom, two bath. Washer/ dryer. No pets. **785-317-5026**.

1541 HILLCREST available June 1. Four-bedrooms. No smoking/ pets. \$1035. Call 785-456-3021.

1725 ANDERSON AVENUE, three-bedroom, one bath, across from Alumni Center. lots of parking. Available August 1st, one year lease, \$975/ month plus utilities. 785-532-7569 or 785-532-7541.

FOUR-BEDROOM TWO bath. Updated, appealing appliances, washer/ dryer, central air. Near KSU stadium. No Pets. August, \$1300 (\$325 per person). 785-341-5346 or 785-537-8420.

110 Rent-Apt. Unfurnished

SPACIOUS DUPLEXES
Custom built with the K-State student in mind
Each duplex features walk-in closets, all kitchen appliances, washer/ dryer, off street parking, phone and cable connections in every room, security lighting, trash and lawn care.

Security deposit is the same as one month's rent. The lease period begins August 1 for one year.

4 BR, 2 bath 2,600 sq. ft. *Mondo Condo* features two living rooms, walkout upper deck, large study office, structured cable, spacious laundry room. Only \$1,550/ mo.

4 BR, 2 bath 1,800 sq. ft. *Hacienda* features two living rooms, spacious laundry room. Only \$1,250/mo.

4 BR, 2 bath 1300 sq. ft. Only \$1,150/ mo.

Sorry, No Pets!
Quiet neighborhood, convenient and close to campus.
Day: 313-0751
Night: 537-4682

Call 785-532-6555 to
ADVERTISE.
KANSAS STATE COLLEGE CLASSIFIEDS

120 Rent-Houses

A FOUR-BEDROOM, two bath house. **Walk to KSU**. 1100 Pomeroy. June 1 lease. Backyard. Washer/ dryer included. 785-341-9982.

APM. ONE, two, three, four, five, six-bedroom houses and apartments. Great locations and pet friendly. Call **ALLIANCE PROPERTY MANAGEMENT** today. 785-539-2300 www.rentfromapm.com.

CUTE HOME! FOUR-BEDROOM, two to three bathrooms, well kept, many amenities, campus location. Call Tony at **785-341-6000**.

CUTE, CHARMING AND CLOSE TO KSU! Wonderful four plus bedroom home. June and August available. All amenities and pet friendly. Call 785-341-6000.

FOUR TO five-bedroom house. 835 ANDERSON. June lease. Two blocks from campus. Four-bedroom house. **1415 FAIRCHILD**. August lease. **785-770-0491**.

FOUR, FIVE, SIX-BEDROOM HOUSES. Great locations. Pet friendly. Call Alliance Property Management today. 785-539-2300 www.rentfromapm.com.

FOUR-BEDROOM TWO bath. Updated, appealing appliances, washer/ dryer, central air. Near KSU stadium. No Pets. August, \$1300 (\$325 per person). 785-341-5346 or 785-537-8420.

FOUR-BEDROOM TWO bath, three blocks to **CAMPUS/ AGGIEVILLE**. Granite counters, stainless steel appliances, flat screen TV, washer/ dryer. \$400/ bedroom. **785-313-6209**.

117 Rent-Duplexes

AVAILABLE JUNE 1. Two-bedroom duplex with washer/ dryer. \$590. One block from City Park. 785-565-2631.

BEAUTIFULLY FURNISHED, large, near new, four-bedroom, two bath unit. Parking. 1729 Anderson. August possession. 785-539-4073.

FOUR-BEDROOM TWO bath duplex, 915 Colorado, great condition, \$1100/ month, available in August. Call Brad for details 913-484-7541.

FOUR-BEDROOM TWO bath. All appliances, includes washer/ dryer. Off-street parking. Newly remodeled. No pets. Available June 1. 926 Vattier. \$1240. Call 785-766-9823.

JUNE 1, two-bedroom, one bath; August 1, two-bedroom, one and one-half bath. Off-street parking. Washer/ dryer hook-ups. Trash, lawn care provided. No smoking/ pets. 785-532-8256.

120 Rent-Houses

1015 PIERRE. Very nice four-bedrooms, washer/ dryer, fenced in backyard, pets considered, \$1360 a month. August lease. Call 785-770-2161.

1326 FREMONT: seven bedrooms, two units. Each with kitchens and washer/ dryer, great location on the edge of campus, Aggieville and City Park. 785-410-0002.

120 Rent-Houses

FOUR-BEDROOM. TWO blocks west of campus. **AVAILABLE JUNE 1**. \$1180/ month. No pets. **785-565-1748**.

LARGE TWO-BEDROOM. Nice, clean. Close to campus. Off-street parking. Washer/ dryer. **785-762-7191**.

SIX-BEDROOM HOUSE for June 1. No pets. **2054 TECUMSEH**. Call 785-313-4812.

SPACIOUS THREE-BEDROOM. One **HALF BLOCK EAST OF CAMPUS**. Washer/ dryer provided, off-street parking. No smoking/ pets. 1410 Legore. 785-532-9846.

SWEET FOUR-BEDROOM TWO BATHROOM home to suit your lifestyle. Close to campus, Aggieville, shopping and parks. Off-street parking. August-July lease. **785-410-6377**.

THREE BIG bedrooms, two baths. **Garage, washer/ dryer**, west of campus. Available June 1. \$1000/ month. 785-341-8760 or **785-556-1290**.

THREE-BEDROOM ONE and a half bath. All appliances. Single car garage. **\$990. AUGUST. 785-410-4291**.

THREE-BEDROOM ONE bath. All appliances. Single car garage. **JULY. \$995. 785-410-4291**.

THREE-BEDROOM ONE bath. Single car garage. All appliances. **\$975. JUNE. 785-410-4291**.

THREE-BEDROOM REMODELED. KSU location. **785-341-6000**.

THREE-BEDROOM TWO bath. All appliances. Newly remodeled. **\$1050. JUNE. 785-410-4291**.

120 Rent-Houses

1334 FREMONT four-bedroom, two bath. Fireplace, across from City Park and Aggieville. August lease. 785-776-1152.

1528 HARTFORD Rd. Four-bedroom, close to campus. No smoking/ pets. August lease. \$1100/ month. Call 785-759-3520.

APM. ONE, two, three, four, five, six-bedroom houses and apartments. Great locations and pet friendly. Call Alliance Property Management today. 785-539-2300 www.rentfromapm.com.

BEAUTIFUL, NEW, and remodeled four-bedroom, two-three bath homes. 3605, 3610 Everett; 3609, 3611 Monarch Circle; 1614 Pierre and 844 Church. Various rates and availability. 785-304-0387.

FIVE-FOUR-BEDROOMS. June leases, central air, full kitchen, washer/ dryer. Close to campus. Reasonable rent. 785-341-1897.

FIVE-BEDROOM HOUSES (two kitchens). Several locations, close to campus, washer/ dryer provided. June and August leases. Call Caden 620-242-3792.

FOR RENT: Four-bedroom house, air conditioning, washer/ dryer, close to campus. 785-317-5934.

FOUR, FIVE, six-bedroom houses. Great locations. Pet friendly. Call Alliance Property Management today. 785-539-2300 www.rentfromapm.com.

120 Rent-Houses

FOUR-BEDROOM AT 2425 Himes. For four-five people. August 1. Central air, washer/ dryer, dishwasher, trash paid. No pets. 785-587-7846.

FOUR-BEDROOM CLOSE to campus. Central air. Washer/ dryer. New appliances. June lease. No pets. 785-341-5070.

FOUR-BEDROOM HOUSE, two bath. \$300 per four tenants. Washer/ dryer. 933 Wildcat Ridge. Fenced backyard. 785-776-9288.

FOUR-BEDROOM HOUSES close to campus and Aggieville. No pets. Contact John at 785-313-7473 or ksurentals@sbcglobal.net.

FOUR-BEDROOM TWO bath brick house. Washer/ dryer, appliances furnished. Low cost utilities. Nice neighborhood. Close to campus. 2436 Himes. 785-632-4892. \$300/ bedroom.

FOUR-BEDROOM TWO bath house. Washer/ dryer, central air, lots of off-street parking, lawn care, trash paid, \$1280/ month, August, 827 Raton Street. 785-336-2368, cell 785-336-1868.

FOUR-BEDROOM TWO bath. Available June 1. All appliances including washer/ dryer. Off-street parking. No pets. \$1150/ month. 530 Bluemont. Call 785-766-9823.

FOUR-BEDROOM TWO bath tri-plex not far from campus. Off-street parking. Emerald Property Management 785-587-9000.

FOUR-BEDROOM NICE brick house. Close to KSU. Great neighborhood. All appliances and washer/ dryer furnished. \$1000/ month. 2440 Himes. 785-632-4892.

HOUSE ON 1010 Leavenworth. June lease for up to four people. Off-street parking, washer and dryer. Daytime 785-292-4320, nights 785-292-4342.

HOUSES CLOSE to campus. Manhattanrentalproperties.net

NOW LEASING: One, two, three, four, and five-bedroom houses and apartments for June and August. 785-539-8295.

SEVEN AND eight-bedroom houses (two kitchens). Close to campus and Aggieville. Central air, washer/ dryer provided. Call Caden 620-242-3792.

SIX-BEDROOMS (Two kitchens). Remodeled house, very nice, close to campus, central air, washer/ dryer provided. 620-242-3792.

THREE, FOUR and six-bedroom houses. Close to campus and Aggieville. 785-539-5800. www.somersetmgmtco.com.

THREE-SIX-BEDROOM. Central heat/ air conditioning, washer/ dryer. Off-street parking. No pets. June/ August leases. 785-587-9460.

THREE-BEDROOM ALL appliances with washer/ dryer, single car garage, Trash and lawn care provided. Pet friendly. June lease. \$975. 1415 Hillcrest. 785-294-0804.

THREE-BEDROOM HOMES with garage. All appliances. Close to campus or stadium. No pets. \$825 per month plus deposit. Call 785-234-9500, 785-608-2873 or email billwright@sbcglobal.net.

THREE-BEDROOM house. 1328 Pierre. Washer/ dryer, dishwasher, two car garage, extra room for storage. Big backyard with off-street parking. One year lease begins May 31. No pets. \$1275. 785-537-1566.

120 Rent-Houses

THREE-BEDROOM, TWO bath duplex with family room, double garage and finished basement. Southwestern Manhattan. August \$1300/ month. Emerald Property Management 785-587-9000.

TWO-BEDROOM HOME 2129 Walnut. Available immediately 785-776-1152.

TWO-BEDROOM HOUSE, one-car garage, full basement. June lease, \$900/ month. 1033 Denison. Contact KSUF at 785-532-7569 or 785-532-7541.

125 Sale-Houses

AWESOME CONDO: two-bedroom, two large bath, laundry room, walk-in closet, custom cabinets with island, washer/ dryer, microwave, dishwasher, refrigerator, stove included, ten foot ceilings. 820 N. Manhattan Ave. Call 785-845-8617.

145 Roommate Wanted

LOOKING FOR three female roommates. August lease. No pets. No smoking. \$250/ month plus utilities. 408 S. 18th Street. 316-648-1088.

150 Sublease

FEMALE SUBLEASER needed for June and July. Four-bedroom, two bath duplex with washer/ dryer. **785-302-0357**.

SUBLEASE APARTMENT two-bedroom two bath at Founders Hill starting as soon as possible! Call 785-821-0387.

THREE-BEDROOM ONE bath. \$690/ month, late May/ August. Close to campus and Aggieville. Inquiries email akjanecz@gmail.com.

SMALL FAMILY custom harvest operation needs combine/ grain cart operator mid-May-August working in Oklahoma, Kansas, Colorado, South Dakota, and North Dakota. Wage plus room and board, includes all meals. 785-587-1956.

300 Employment/Careers

310 Help Wanted

THE COLLEGIAN cannot verify the financial potential of advertisements in the Employment/ Career classification. Readers are advised to approach any such business opportunity with reasonable caution. The Collegian urges our readers to contact the Better Business Bureau, 501 SE Jefferson, Topeka, KS 66607-1190. 785-232-0454.

APPOINTMENT SETTERS customer service. Huge pay. \$1600/ month to start. Local distribution center with 15 positions available. **FILLING FAST!** Call today for immediate interview. 785-320-5220. Don't wait, call now.

BARTENDERS NEEDED. No experience required. Earn \$20- \$60 dollars an hour. Call us at 877-286-0401.

BARTENDING! \$300 a day potential. No experience necessary. Training provided. Call 800-965-6520 extension 144.

EARN \$1000- \$3200 a month to drive new cars with ads. www.YouDriveAds.com.

ENJOY THE outdoors? Kaw Valley Greenhouses is looking for seasonal greenhouse help. Active position working with plants. Starting pay \$7.50/ hour. Apply online, kawvalleygreenhouses.com or contact 785-776-8585.

310 Help Wanted

HOWE LANDSCAPE Inc is currently seeking laborers for our nursery, landscaping and mowing/ maintenance divisions. Applicants must be 18 years of age, have a valid drivers license and pass a pre-employment drug test. We can work with class schedules but prefer four-hour blocks of time. Starting wages are \$8.25/ hour. Apply 3 ways, in person Monday-Friday at 12780 Madison Rd in Riley; call 785-776-1697 to obtain an application; or e-mail us at askhowe@howeland-escape.com.

MCMILLINS RETAIL Liquor is accepting applications for part-time sales clerk. Apply in person at 930 Hayes Drive, Suite A. Must be twenty-one to apply.

OFFICE HELP needed immediately. Part-time Kansas Work Study eligible position in busy Fiscal Office. Duties include data entry, filing and other miscellaneous duties. Up to twenty hours per week Monday- Friday, 8am-5pm. Requires familiarity with office machines, MS spreadsheets and office products and ability to maintain confidential information. Send cover letter, resume and three references to North Central-Flint Hills Area Agency on Aging, 401 Houston St., Manhattan, KS 66502. Equal opportunity employer/ affirmative action. Position open until filled.

PART-TIME SALES position at Faith Furniture. Afternoon and weekend position open for honest, energetic, and self-motivating person. No experience necessary. A great job! Please apply in person at 302 East Highway 24. Next to Sirlin Stockade, in Manhattan.

PLAY SPORTS! HAVE FUN! SAVE MONEY! Maine camp needs counselors to teach all land, adventure and water sports. Great summer! Call 888-844-8080, apply: campcoedar.com.

SMALL FAMILY custom harvest operation needs combine/ grain cart operator mid-May-August working in Oklahoma, Kansas, Colorado, South Dakota, and North Dakota. Wage plus room and board, includes all meals. 785-587-1956.

SPEND YOUR summer vacation traveling the country as a combine/ truck driver. Ambitious individuals for high volume harvesting operation. Operate new JD9770 STS and Peterbilt Semis. Guaranteed excellent monthly wages and room and board. Sign on bonus for experienced workers. Approximately mid-May to mid-August. Snell Harvesting 1-888-287-7053.

</

Dietetics program offers many opportunities

Mayra Rivarola | COLLEGIAN

As the United States celebrates National Registered Dietitian Day, K-State campus dietitians will be spending another busy day counseling, researching, teaching, learning and much more.

“There is a lot of confusion and misconceptions about what dietitians really do,” said Courtney Held, senior in public health and dietetics. “In reality, there are a large variety of things dietitians are involved in.”

On campus, there are about 25 registered dietitians working in dining services, education and research, extension and community outreach programs and nutritional counseling, Held said.

“In the dining centers, our jobs are management of the dining operations,” said Mary Molt, assistant professor in the department of housing and dining. “Our team of dietitians is responsible for the nutritional aspects of our menus.”

The team of 10 dietitians works with the nutritional information of food items, which are displayed in the dining centers. They make sure the nutritional information is accurate, through a process known as nutrition



Nathaniel LaRue | COLLEGIAN
Members of the Student Dietetic Association assemble appreciation bags Tuesday evening in Justin Hall for National Registered Dietitian Day.

linking. Dietitians also work directly with students, advising them according to their diet needs, Molt said.

Students who are gluten intolerant, diabetic, allergic to peanut, soy, milk or any other ingredients, or who

with students in that way,” she said. “We want to make dieting enjoyable for students.”

About 260 students are enrolled in the dietetics undergraduate program, and seniors have the option to take part in the coordinated dietitian program that prepares them for the certification process. The certification is done through the American Dietitian Association and students who pass the examinations receive a license to practice as a dietitian in Kansas.

K-State has the only program in Kansas that prepares students in the dietetics department to go through the certification, said Molt.

“After graduation, students choose to work in clinical settings, management settings, as athlete nutritional counselors or in the industry of product development,” she said. “There are plenty of opportunities for dietitians.”

Other groups of dietitians on campus focus on nutritional advice and outreach programs. Held is the president of Student Dietetics Association, a group dedicated to support dietetics students in their professional development, she said.

RIGHTS | Lecture addresses attempts to end world poverty



Marcelo Sabatés, associate professor and head of K-State’s philosophy department, listens to Pogge’s address on global poverty. Pogge’s address concluded with a focus on the goals set by the 1996 World Food Summit in Rome.

Continued from Page 1

human rights violating regimes and allowing illicit financial flows out of poor countries.

Human rights violating regimes include the practices of allowing the elite of these governments to remain in control by letting them borrow, sell off national resources, buy firearms and maintain despicable labor standards.

Pogge said unfortunately none of these unfair practices can be dealt with effectively by the citizens of these smaller countries because, unlike corporations and citizen groups in the rich countries, they cannot gain representation when international agreements are brokered.

The last part of Pogge’s lecture addressed the world’s attempts to formulate a response to the poverty problems. At the

1996 World Food Summit in Rome, the world promised to halve the number of people in poverty by 2015. The current agreement though, which was revised in 2000 with the Millennium Development goals, backdated the goal so the new promise was to halve the proportion of poor people starting in 1990.

Pogge said this practice is taking into account a lot of growth in East Asia that took place in the early 1990s when China started growing a middle class.

Thomas Summers, sophomore economics, said he enjoyed the practical applications of the lecture.

“I liked his discussion about ending subsidies,” Summers said. “I thought what he said about how it distorts comparative advantage was very insightful.”

New bioscience grant awarded to K-State

Austin Enns | COLLEGIAN

K-State was recently awarded a \$12 million grant to partner with the Department of Homeland Security and create a Center of Excellence for Emerging and Zoonotic Animal Diseases. The grant will be split up over six years with K-State’s Center receiving \$2 million every year.

K-State will not be conducting this research alone, though. A dozen other universities will be collaborating on investigations on emerging diseases, and one of the chief participants in the Big XII conference is Texas A&M. But unlike the center at K-State, the center at Texas A&M, known as the Farm Animal and Zoonotic Disease Center, has been around for six years. Iowa State and Missouri will also be cooperating with K-State’s research.

Dr. Juergen Richt, Regents Distinguished Professor in diagnostic medicine and pathobiology, said he and Mary Lou Marino, vice president for research, wrote the proposal for the grant last year over win-

ter break. Richt will be the director at K-State, but he said the national collaboration will allow K-State to leverage the information to deal with potential biological threats.

Richt indicated the national government was uneasy with its capacity to handle biological warfare.

“Several Senators in Washington were looking at how the U.S. was prepared for future biological attacks, weapons of mass destruction and biological terrorism, and they concluded that the federal government is ill-prepared for such an attack,” Richt said.

The grant will try to address threats to America’s food supply, public health and agricultural systems. Richt said his team will be performing several different types of projects including vaccines, detection, epidemiology surveillance and education. Some of the diseases they will be exploring include avian flu, rift valley fever and foot and mouth disease.

Chad Bettles, director of marketing and communications with the Kansas Bioscience Authority,



Dr. Juergen Richt, Regents Distinguished Professor in diagnostic medicine and pathobiology, displays cultures that he is using for virus research.

a semi-governmental organization with the purpose of advancing Kansas’ bioscience industry, said since the center is meant to explore emerging diseases, it nicely complements the National Bio and Agro-Defense Facility’s mission to research animal and agricultural diseases. The Kansas Bioscience Authority will also be providing funding to the new center.

Jim Guikema, associate vice president for re-

search at K-State, complemented Richt’s expertise in the area of pathogens, and mentioned Richt was being very proficient in preparing for the new center.

“We are very delighted Dr. Richt put together an outstanding research team to study emerging and zoonotic animal diseases,” Guikema said. “The team is broad and the team is very deep, and he did an excellent job in assembling this group.”

Newspaper Staff

Summer & Fall 2010

Staff Position Openings:

Edge Editor	News Editor
Bloggers	Collegian Online Editor
Campus Editor	Collegian Online Assistants
Cartoonists	Multimedia Editor
City/Government Editor	Multimedia Assistants
Columnists/Editorial	Opinion Editor
Columnists/Sports	Photo Editor
Copy Chief & Copy Editors	Photojournalists
Designers	Promotions
Design Editor	Reporters
Graphics Editor	Reviewers
Graphics Journalists	Sports Editor
Line Artists/Illustrators	Sports Writers
Managing Editor	Videographers

Pick up an application & job description in Kedzie 103.

Applications due by 4 p.m. Wednesday, April 14.

kansas statecollegian
www.kstatecollegian.com

WANTED:

Responsible people who believe they'll make a great

Editor in Chief

Summer and Fall 2010

Applications due 4 p.m., Wednesday, March 31.
Interviews will be held 3:30 p.m. Wednesday, April 7.

Pick up an application and job description in Kedzie 103.

kansas statecollegian
www.kstatecollegian.com

Wear your pride!

- Earrings
- Barrettes
- Broaches
- Checkbook Covers
- Notebook Covers

Images in Leather 785-331-8248
leatherman68@yahoo.com
www.imagesinleather.net

COMMON GOOD

INTERNSHIP/CAREER FAIR

JOURNALISM & MASS COMMUNICATIONS
SOCIAL WORK
CRIMINOLOGY
GOVERNMENT
ADVERTISING
SOCIOLOGY
NON-PROFIT

Sponsored by the A.Q. Miller School of Journalism and Mass Communications; the Department of Sociology, Anthropology and Social Work; the School of Leadership Studies; and Career & Employment Services

ALL MAJORS WELCOME!

TODAY WEDNESDAY

* MARCH 10

11 am TO 3 pm
K-STATE STUDENT UNION
GRAND BALLROOM

QUESTIONS?
Career & Employment Services • Holtz Hall • (785) 532-6506
www.k-state.edu/ces • ces@k-state.edu

5

10

8

SHE'S OUT OF MY LEAGUE

GET RATED

@SHESOUTOFMYLEAGUE.COM

IT'LL ALL ADD UP IN THEATRES

MARCH 12

6

7

8

DREAMWORKS PICTURES
©2010 DW. All Rights Reserved.

mosaic

RESTRICTED
PARENTS STRONGLY CAUTIONED
LANGUAGE AND SEXUAL CONTENT

MPAA

Up for Grabs



Jonathan Knight | COLLEGIAN
K-State guard **Jacob Pullen** dives for a loose ball against Iowa State guard **Chris Colvin** in a game on March 6. The Wildcats lost the game on Senior Night, 85-82 in overtime.

Martin amping up practices, expecting improved effort

Ashley Dunkak | COLLEGIAN

After ending the season on a disappointing note, coach Frank Martin said the Wildcats have to practice the things that made them sharp and made them who they were for the majority of the season.

"We had a heck of a regular season," coach Martin said. "We didn't finish it the way we played for three and a half months."

He said what they have to do is rely on the experience of the players who have been in that tournament environment before because it is a brand new set of emotions now. However, he said he cannot rely on the veterans too much.

"I probably did that way too much here toward the end of the year," Martin said. "I probably should have kept doing what I did most of the year, which is I play the guys that didn't make mistakes, not just rely on guys, but that's my job. I trust the upperclassmen; I still do. I'm not going to change that, but we are who we are."

Martin said he kind of adjusted on that late in the season and he cannot do that anymore. He also said playing time is not charity. With how intense the Monday practice was, as described by players, the team definitely got the message.

Freshman Wally Judge said he has only been in one postseason practice so far but can tell the difference in the level of competitiveness.

"We've been competitive all year, and it's always been a tough practice, but today, it was another level of toughness," Judge said. "Guys flying out of bounds, people getting banged up and coming right back in. People get injured and don't lean on it; they just suck

it up and get back in on practice."

Forward Jamar Samuels mentioned an offensive rebounding drill and the intensity that characterized it.

"Victor Ojeleye came in and tried to roughhouse everybody," Samuels said. "We had an offensive rebounding drill with the bigs, and Vic had six or seven offensive rebounds, and Vic's only 6'4", 6'5", and all of us guys are over 6'7". Frank said Vic is going to play minutes, so we're looking forward to Vic playing in our Oklahoma State or Oklahoma game."

As far as what went wrong near the end of the season, Martin said the effort had lessened. Forward Curtis Kelly agreed with that to a point.

"I think our mental effort is not there," Kelly said. "Our physical effort I think is there; I think we're playing hard. But we're just not putting the puzzle together to come out with the victories. We have mental lapses on defense and on offense. Sometimes we're not doing the things that make us a great defensive team."

Guard Jacob Pullen said the team kind of got away from what it does as far as pressuring the ball, disturbing teams and not letting them run offense. He said Iowa State just did what they wanted and KU did too, and the team watched a little film and saw what we they doing and realized they really have to get back to getting after it.

"If people aren't excited to play in the postseason, especially after the opportunity we had last year just to play in the NIT, if people are not excited to be going back to the NCAA Tournament and have a chance to get another crack at KU, if we can win some games in Kansas City, they really shouldn't be playing anymore," Pullen said.

WOMEN | K-State seeded ninth

Continued from Page T3

and could help a lot in the tournament.

"She's continued to grow and mature and understand the game outside of herself," Patterson said. "Everybody's stepping up, but we're still a long ways from doing it for 40 minutes."

If the Wildcats can get past the second round, they would most likely play Texas A&M or Texas in regionals. Chambers said if this team is together, they can put a lot of fear in opponents in the tournament.

"When this team has five people on the court who can score we can be a dangerous team," Chambers said. "We know what we can do and if a team wants to take us for granted then it's a mistake. You don't get second chances and there's no mercy when you're playing in the Big 12."

The tournament begins tomorrow at Municipal Auditorium in Kansas City, Mo. K-State vs. Texas Tech will be the first game at 11 a.m. followed by Texas vs. Missouri, Oklahoma State vs. KU, and Baylor vs. Colorado.

FOLLOW US ON TWITTER!

Can't make it to the game? Still want to know how the team is doing? Follow the Collegian on Twitter for live game coverage and breaking sports news.

twitter.com/sportscollegian



Walk-in Medical Treatment

Open 7 Days a Week

Monday - Saturday 9a - 8p • Sunday 10a - 6p

Choose K+STAT for:

- Cold & Flu
- Sports Injuries
- Cuts & Sprains
- Workplace Injuries

Go to the Nearest ER for:

- Life-Threatening Emergencies
- Possible Heart Attack/Stroke
- Middle of the Night Care
- Serious Fractures

K+STAT
URGENT CARE

East of the Wal-Mart Supercenter • 930 Hayes Drive

www.kstaturgentcare.com

785-565-0016

Cash, Check or Credit Card Accepted • Accepting Most Insurances and Now Accepting Tricare
No Appointment Needed • Avoid Expensive ER Charges

Go State!

We're Pullen for a Wildcat Victory

•Spring Items

•Disc golf & Ultimate Frisbee

•Gurkee Sandals

•Sale on Winter Items

on the

Wild Side

1128 Moro St.

785.776.2252

Hours:

M-F: 11-6:30

S: 11-6

Come Watch the Game!

1/2 Price Margarita Pitchers

420 Tuttle Creek Blvd

Manhattan, KS

(785) 539-9557

poor... Insanely poor...

Check out Menu Mania every Monday for great restaurant deals.

Quiznos

MMMM... TOASTY!

Delivery

785-776-6300

TipOff Guide

Page T1

wednesday, march 10, 2010

Tourney Time



Nathaniel Larue | COLLEGIAN
K-State forward **Curtis Kelly** gets by Iowa State forward **Craig Brackins** for a dunk in a game on March 6. Kelly and the Wildcats are preparing for the Big 12 Tournament, which starts today.

Wildcats begin Big 12 Tournament preparations in KC

Ashley Dunkak | COLLEGIAN

Heading to the Sprint Center in Kansas City, Mo., for the Phillips 66 Big 12 Men's Championship tournament, the Wildcats will face some major competition. Four of the league's teams are ranked in the top-25 and head coach Frank Martin fully expects those and three others to be included in the NCAA tournament.

"It'd be a joke if it wasn't that way," Martin said. "You look at the body of work of the top seven teams in this league. It'd be an absolute joke if it didn't."

Martin also said the tournament challenges teams' toughness because they do not get days off between games.

In the latest Associated Press rankings, Kansas (29-2, 15-1 Big 12) is No. 1, K-State (24-6, 11-5) is No. 9, Baylor (24-6, 11-5) is No. 21, and Texas A&M (22-8, 11-5) is No. 23. These teams have first-round byes in the Big 12 tournament. Baylor won seven of its last eight games to end the season. Texas A&M finished out on a three-game win streak. KU has only been beaten twice this season. K-State closed the season on a loss but expects to bounce back.

"You can't think about the past; you can't think about what's ahead of that," freshman forward Wally Judge said. "You have to prepare for who's up next and prepare to beat that team."

For the Wildcats, who's up next is either Oklahoma or Oklahoma State. Martin said the coaching staff will prepare for both teams, but all the Wildcats would like another shot at OSU since, as junior guard Jacob Pullen said, that team came in and stole one at Bramlage.

As far as the first round, any team is capable of making a run, but some have a higher likelihood of that than others.

Oklahoma State (21-9, 9-7 Big 12) is the only team in the country to have defeated both KU and K-State. However, it has lost to every other ranked team it has played this season. It also has one of the best guards in the country in junior James Anderson.

"He shoots the ball from deep, scores off the dribble going right, scores off the dribble going left, he rebounds it, he passes it, he gets to the foul line, makes his free throws, you name it," Martin said of Anderson. "I don't mean to be a smart you-know-what, it's just, that's who he is. He's become a heck of a player."

Playing Oklahoma (13-17, 4-12) in the first round, the Cowboys appear to be the favorite. K-State forward Jamar Samuels said if the Wildcats face OU again, they will need to keep a handle on guard Tommy Mason-Griffin, who he said he would vote for as freshman of the year if he could.

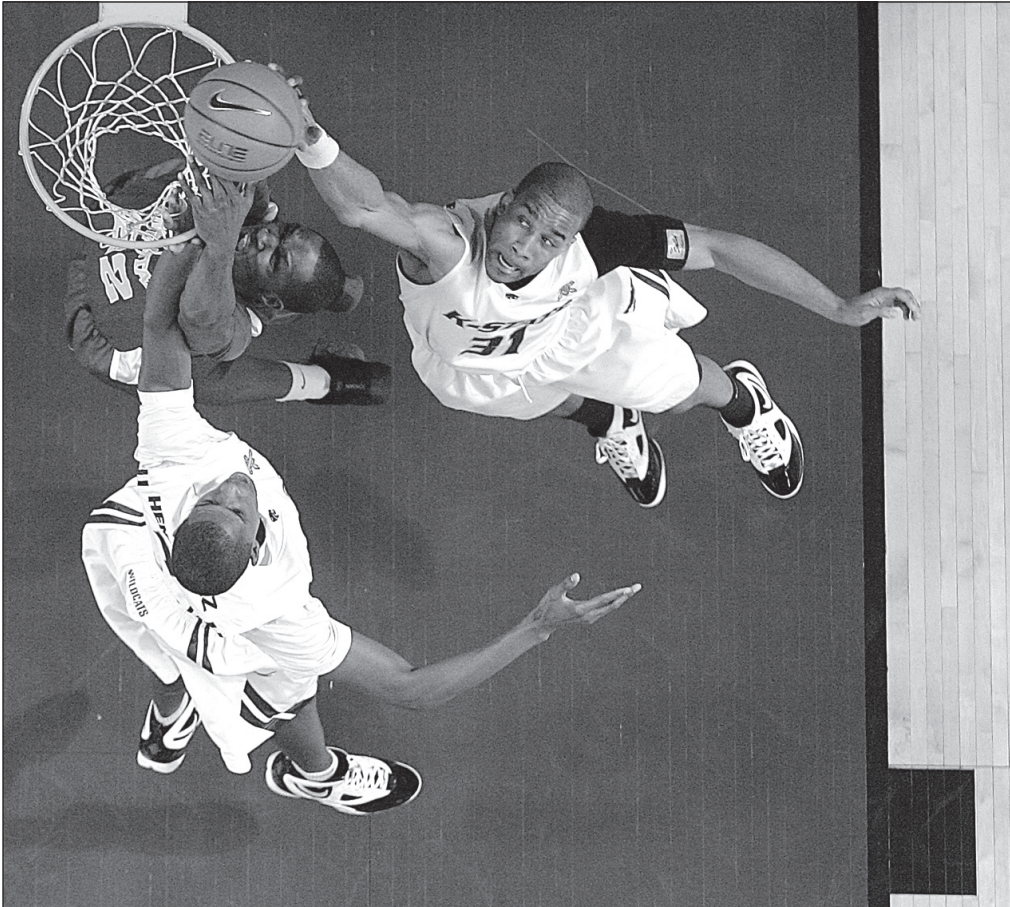
While Texas (24-8, 9-7 Big 12) was ranked as high as No. 1 in the nation early in the season when they beat top-25 teams like North Carolina and Michigan State, they have not beaten a ranked team since December. In 2010, they have lost to K-State, Connecticut, KU, Texas A&M and Baylor. The inconsistency late in the season could provide an upset opportunity for Iowa State (15-1, 6 4-12 Big 12), who recently managed to knock off K-State at home.

See TOURNAMENT, Page T2

K-STATE STUDENT UNION

MARCH MADNESS SHOOTOUT

Play & win great Prizes!



Jonathan Knight | COLLEGIAN

K-State guard **Chris Merriewether** (top right) and forward **Jordan Henriquez-Roberts** try to defend a shot by Iowa State forward **LaRon Dendy** during the March 6 game.

TOURNAMENT | K-State to play Oklahoma/Oklahoma State winner

Continued from Page T1

Nebraska (14-17, 2-14 Big 12) has struggled this season, but it has given many opponents a run for their money. Just like any team in the league, which Martin has called the best in the country, it has the potential to surprise. Missouri (22-9, 10-6 Big 12) has a group of talented guards, including senior Zaire Taylor and sophomore Marcus Denmon, that will run the floor and it

is a very physical team.

The Red Raiders of Texas Tech (16-14, 4-12) ended the season on a seven-game losing streak. Not to say it is impossible for a team to rally, but that kind of slump is difficult to climb out of. In an 8/9 matchup, a win by ninth-seeded Colorado (15-15, 6-10) would not exactly be an upset, but it very well could happen – especially since the Buffaloes just hung 101 points on Texas Tech in the final game of the regular season.

www.kstatecollegian.com

I am The "Professional" Student.

Never misses a single resident event.

Catches all of the away games on the game room big screen.

Stays fit in the gym and frequents the pool often.

Define yourself! Live at University Crossing.

Fully furnished apartments.
Residents love our free tanning.
Sports fans love our basketball court.
See more amenities at www.liveuc.com.

Txt crossing to 47464 for more information Standard rates apply

2215 College Ave. Manhattan, KS 66502 Phone: 888-533-5085 liveuc.com

Chambered



Jonathan Knight | COLLEGIAN

K-State guard **Brittany Chambers** dribbles against Texas Tech guard **Chynna Brown** in a game on Feb. 24. The Wildcats and Red Raiders will meet again in the opening round of the Big 12 Tournament on Thursday.

Cats ready for tournament play

Tyler Scott | COLLEGIAN

The Women's Big 12 Tournament is sure to be a show this year as seven of the 12 teams are currently ranked in the Top 25.

K-State, which is seeded ninth, is an underdog to win the championship, but the Wildcats have a chance to run the table. Their first opponent will be the Texas Tech Red Raiders. In their last meeting in February, the Wildcats lost 75-67 in overtime.

"We have to defend better as a team this time," senior forward Ashley Sweat said. "I think [Jordan] Murphree got some good shots off on us and we have to talk more. Our offense has gotten better and we just need to carry it into game time."

Third-ranked Nebraska is the number one overall seed.

The Huskers were one of just two undefeated teams in the nation (Connecticut) and recently beat the Wildcats on Sunday.

"The game against Texas Tech seems to be a pretty even matchup like the first time," said head coach Deb Patterson. "If we advance past them we've got number three in the country again. It would be another great challenge."

At the number two seed is Iowa State who had much success this year and has ranked as high as 12th in the country. Oklahoma sits at the third seed. They are led by junior guard Danielle Robinson who is averaging almost 17 points per game.

Kansas, Colorado and Missouri round out the bottom three of the tournament. The Wildcats split with KU and Colorado, but swept the Mis-

souri Tigers this season. The Jayhawks will have to play without senior leader Danielle McCray who tore her ACL a month ago. Freshman guard Monica Engelman has brought a spark to the team in McCray's absence, averaging close to eight points a game in her nine starts.

The Baylor Bears, last year's tournament champions, are seeded sixth. They are led by senior center Brittney Griner who averages 19 points and nine rebounds. Griner, who was recently suspended for two games for throwing a punch at a player, will be out for the first round when the Bears play Colorado.

Patterson said the young Wildcat players like freshman guard Brittany Chambers are starting to come around

See WOMEN, Page T4

Team humor should help overcome losses



Ashley Dunkak

As I contemplated my experiences covering the Wildcats this season, I found they can be discussed in terms of two clichés. One describes them to a T and the other is laughable in how opposite of their character it is. Both characterizations have benefited the team this season and should continue to do so throughout March.

Number one: "All work and no play makes Jack a dull boy." The old adage is not one that ails the Wildcats. With three-hour practices in addition to weight room time and film study, there is plenty of work, but to anyone who watches the team, it is clear they enjoy the end result. For each and every media availability, there are antics galore and no one escapes without laughing.

The Tuesday before the team's rematch with KU, I was interviewing Martavious Irving and he spontaneously doubled over in laughter. I hadn't even said anything, so I was a little confused, but with Curtis Kelly and Jamar Samuels chatting with other reporters on either side, I figured I had just missed some inside joke.

When I asked Irving what his best memory of the season, he replied it was every day with his teammates. He said that while they work hard, every day is a fun day.

"You can see it by Nick behind you," Irving said as an example.

Oh. Okay.

At the conclusion of the interview I turned and addressed Russell. "You were behind me the whole time, weren't you?"

He kind of smiled sheepishly and said, "Yeah."

As Irving walked back toward the tunnel, Samuels tackled him, and they toppled right onto Jacob Pullen, who was in the middle of a phone interview, and he fell out of his chair.

After that same Tuesday practice, Pullen shot free throws while his teammates gathered around, pestering him, trying to get him to miss. Samuels was singing soprano, if that tells you anything about the amount of their dedication to this distraction.

However, one does not have to be a reporter to witness the team's camaraderie and brotherly love atmosphere. That brings us to cliché number two: "The family that plays together stays together."

Now because the subject is a basketball team, it is my duty to clarify that "play" does not just apply to basketball. It applies to the fact that, as college guys, they laugh and joke and goof around just as much as anybody else.

Bramlage Coliseum crowds see this each game. After going through the more serious workouts and warm-ups, the team loosens up by shooting around ... except this is not the traditional shoot-around. Some of these shots belong on *YouTube.com*. All kinds of crazy dunks are attempted and some are even successful. Also, everyone has seen how the players dance out of the tunnel to begin each game. It's definitely entertaining, and Irving and Russell say it just loosens everyone up.

Loyalty is a quality coach Frank Martin mentions continuously and he has instilled that in his players. This kind of bond between teammates is what motivates guys to give it everything they have every single day. I think it's fair to say that only when a player really cares about his teammates will he begin to practice when he's been sick as a dog for the past several days, like Dominique Sutton did, or when he has just been informed a cousin and friend has been killed, like Luis Colon did. The bottom line is this: from all the silliness has grown a team that is seriously committed and that kind of team has the potential to win every game it plays.

Ashley Dunkak is a freshman in pre-journalism and mass communications. Please send comments to sports@pub.ksu.edu.

THE FAMILY YOU CHOOSE.




Tim Engle Agency Inc.
3320 Anderson Ave
(785) 539-9200 Bus
Manhattan KS 66503
tengle@amfam.com

Jon Harper Agency
1814 Claffin Rd Ste 220
(785) 776-1855 Bus
Manhattan KS 66502
jharper@amfam.com

American Family Insurance Company and its Subsidiaries
Home Office- Madison, WI 53783
© 003356-10/2008

All your protection under one roof*

2301 TUTTLE CREEK
785-587-5258

1/2 Price MARGARITA Mondays

1/2 Price BEER Wednesdays

LA FIESTA

TRADITIONAL MEXICAN RESTAURANT

• Upgraded GE Appliances

• Find us on Facebook at <http://bit.ly/westchesterparkapartments>

• Responsive 24-Hour Emergency Staff

• 24-Hour Fitness Center

• Two Swimming Pools

• A great place for students with junior standing or above!

Westchester Park

APARTMENT RESIDENCES

Tranquil Location. Thoughtful Design. Sensible Choice.

Visit us Today for Summer and Fall Leasing!

www.WestchesterParkApts.com



Off of Candlewood Dr.
785-776-1118

Valentino's

Grand Italian Buffet

Crazy College Night

Dinner only

Buffet \$4.99

99¢ Drinks 99¢ Bottles

Sundays 4-8:30 pm


Some restrictions apply. Limited time only. Dine-in only. One offer per person, per visit. Not good with any other offer.

3003 Anderson Ave. 785.539.6444

Mon - Sat 11am-9pm • Sun 11am-9pm • Sun Brunch 11am-2pm

PAT'S PAWN & GUN SHOP, INC.

WE BUY, SELL, AND TRADE



SMITH & WESSON
HANDGUNS
SHOTGUNS
RIFLES
COLT
RUGER
KIMBER
GLOCK FN

539-0151
506 Riley St, Ogden

MasterCard VISA

MON-FRI 9 a.m.- 6 p.m.
SAT 9 a.m.- 5 p.m.